



WOMEN IN MEDICINE

LEADERSHIP PRIMER POISED FOR SUCCESS AS A LEADER IN HEALTHCARE

Designed for women who know that they have a lot to contribute to their profession but can't seem to find solid ground to be consistently seen and heard, or don't feel adequately prepared for the next step of their career. This program will cultivate your voice, focus, and brand as you plan for an intentional influence on your career path.

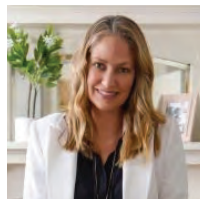
You will benefit from a combination of Group Sessions, Private Coaching, Self-Paced Work, and personal Assessments. You will also be assigned a reading curriculum for the year, to further support your development. All of these elements combine to prepare you for better connections and communication with your peers, superiors, staff, and patients.



COURSE DIRECTOR

Shikha Jain MD, FACP is an innovative thought leader in the healthcare leadership space and founder and chair of the Women in Medicine Summit and founder and CEO of Women in Medicine™. She is a board-certified hematology oncology physician,

the Associate Director of Communication Strategies and Digital Innovation at the University of Illinois Cancer Center, and CEO of IMPACT. Dr. Jain's mentorship and sponsorship have resulted in the advancement of numerous young women and men in medicine across the country. Dr. Jain is a nationally renowned educator, leader, speaker, media contributor, and trailblazer in healthcare, and was named one of Medscapes 25 Rising Stars in Medicine in 2020.



FACULTY LEAD

Stacy Wood, ACC, founder of Through the Woods Consulting, is an author, speaker, coach, and facilitator. As an ICF ACC accredited coach, her mission is to grow women's leadership with the combination of

impactful communications and her signature framework, the 'Steppingstones of Success'. Stacy's coaching expertise is sought after among leading professionals across many industries, including >20 years working directly with physicians. Her highly anticipated second book, *Own Your Journey*, is set for release in mid-2023. You can learn more about Stacy on her website: www.ttwoods.com

TOTAL CME FOR PARTICIPANTS: 28.0

TARGET AUDIENCE

Female physicians 1-5 years post training. These practitioners will be in private practice, community hospitals, or in academic institutions.

OVERALL PROGRAM OBJECTIVES

1. Identify your professional profile traits and understand how that impacts your ability to interact and communicate with others.
2. Describe the 6 key areas of success and how they impact your ability to lead yourself and others.
3. Apply the success skill sets to develop a leadership presence that is empowered, engaging, and impactful.

GOAL OF THE PROGRAM

To prepare women in medicine to step into leadership roles through self-awareness, mindset development, and skill building. The focus will be on developing the ability to be seen and heard in an impactful manner, creating a more empowered presence, and developing the skills for long-term wellbeing.

INVESTMENT

\$4,800 annual if pre-paid
-or- 2 payments of \$2,510
-or- \$1,295 quarterly

OPTION: Additional
PRN private coaching
sessions: \$300/session

CREDIT DESIGNATION STATEMENT



The University of Illinois at Chicago designates this live activity for a maximum of 28.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

ACCREDITATION STATEMENT

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



LEADERSHIP PRIMER 2024

POISED FOR SUCCESS AS A LEADER IN HEALTHCARE

FEBRUARY 2, 8:30-10:30am CT

GROUP SESSION #1: WELCOME + FOUNDATION 2 HRS.

LEARNING OBJECTIVES:

- Explain the design, foundational content, background, and syllabus of the program.
- Describe leadership basics, including mindset and purpose.
- Professional Introductions: Share leadership goals, current role, and future plans with the other participants.
- Review group rules, expectations, and format of the program.

FEBRUARY 5 – 18, 2024

DISC AGILE EQ ASSESSMENT 90 MIN.

- 45 min. self-paced assessment online.
- 45 min. self-paced review of completed report in preparation for the Coaching Sessions beginning March 11.

SELF GUIDED STUDY #1 1 HR.

LEARNING OBJECTIVES:

- Identify the properties of an effective VOICE as a Leader.
- Relate the lessons of VOICE to your personal development through the self-paced worksheets.

FEBRUARY 5 – MARCH 10, 2024

REQUIRED READING #1 4 HRS.

- Complete a 30-day self-guided Coaching Model: <https://bit.ly/stacy-book>.

FEBRUARY 23, 8:30-11:00am CT

GROUP SESSION #2: VOICE 2.5 HRS.

LEARNING OBJECTIVES:

- Review and apply the concepts of flexible communication.
- Understand the impact of your voice, both internally and externally.
- Describe your strengths and weaknesses in communication.
- Explore the value of Emotional Intelligence as a Leader.

MARCH 11 – APRIL 11

PRIVATE COACHING SESSIONS 90 MIN.

LEARNING OBJECTIVES:

- Debrief your DiSC profile and discover how it can be used to improve your communication skills as a leader.

SELF GUIDED STUDY #2 1 HR.

LEARNING OBJECTIVES:

- Identify the process and value of Confidence as a Leader.
- Relate the lessons of building a 'Confident Presence' to your development through the self-paced worksheets.

APRIL 12, 8:30-10:30am CT

GROUP SESSION #3: CONFIDENCE 2 HRS.

LEARNING OBJECTIVES:

- Examine the impact of self-confidence on your ability to lead.
- Identify your personal challenges with confidence.
- Formulate specific measures to overcome "imposter syndrome."
- Relate the lessons learned in the self-guided study.

APRIL 16 – MAY 9

SELF GUIDED STUDY #3 1 HR.

LEARNING OBJECTIVES:

- Identify the mechanism and impact of Fear as a Leader.
- Relate the lessons Failing Forward to your development through the self-paced worksheets.

MAY 10, 8:30-10:30am CT

GROUP SESSION #4: FEAR 2 HRS.

LEARNING OBJECTIVES:

- Quantify why fear is healthy, and how to capitalize on it for your future success.
- Compare the difference of failing flat versus tactically failing forward.
- Discuss, recall and apply lessons learned from self-guided study.

MAY 13 – JUNE 6

PRIVATE COACHING #2 1 HR.

LEARNING OBJECTIVES:

- Work with your Coach to establish your personal leadership goals.
- Recognize self-imposed challenges which hold you back.
- Identify specific measures to navigate these challenges.

SELF GUIDED STUDY #4 1 HR.

LEARNING OBJECTIVES:

- Identify the value and process of Focus as a Leader.
- Relate the lessons of Strategic Focus to your development through the self-paced worksheets.

MAY 31, 8:30-10:30am CT

GROUP SESSION #5: FOCUS 2 HRS.

LEARNING OBJECTIVES:

- Evaluate the need for strategic focus.
- Identify impediments to your ability focus.
- Outline tactics to improve your focus.
- Implement micro-habits to support your focus.

JUNE 3 – JULY 10

SELF GUIDED STUDY #5 1 HR.

LEARNING OBJECTIVES:

- Identify the formula for Resilience as a Leader.
- Relate the 3 pillars of Resilience to your development through the self-paced worksheets.

JULY 12, 8:30-10:30am CT

GROUP SESSION #6: RESILIENCE 2 HRS.

LEARNING OBJECTIVES:

- Outline the 3 components of resilience.
- Acquire specific behaviors to improve your resiliency as a leader, and to promote it in others.
- Develop a process to remain resilient as a leader.
- Recall and apply lessons learned from self-guided study into the discussion.

JULY 15 – AUGUST 15

SELF GUIDED STUDY #6 1 HR.

LEARNING OBJECTIVES:

- Identify the value and spheres of Harmony as a Leader.
- Relate the cultivation of Harmony to your development through self-paced worksheets.

AUGUST 16, 8:30-10:30am CT

GROUP SESSION #7: HARMONY 2 HRS.

LEARNING OBJECTIVES:

- Evaluate the need for harmony verses balance.
- Relate the value of harmony to productivity.
- Understand the elements required for harmony as a leader.
- Explore how you can promote harmony as a leader.
- Design a routine that supports your ability to create harmony and balance.

AUGUST 19 – 23

SELF ASSESSMENT 1 HR.

LEARNING OBJECTIVES:

- Draft a document to include a SWOT analysis of your leadership abilities and goals.
- Reflect on your development from the beginning of the course.
- Chart a course of personal development going forward.

AUGUST 26 – SEPTEMBER 13

PRIVATE COACHING #3 30 MIN.

LEARNING OBJECTIVES:

- Work with your Coach to evaluate your progress throughout the program.
- Recognize areas of challenge and develop a plan to continue to address these areas.
- Review your DiSC profile and its impact on leadership.
- Embrace the abilities you have developed as you apply them to your leadership efforts.

WOMEN IN MEDICINE SUMMIT SEPTEMBER 2024

GROUP SESSION #8: FINAL + GRADUATION 2 HRS.

LEARNING OBJECTIVES:

- Develop a conscious networking plan.
- Review of the 6 steppingstones for leaders.
- Conclude how the steppingstones will impact your career and ability to lead others.
- Explain how your Communication Style and Emotional Intelligence Quotient will impact your leadership style and abilities.
- Examine the key attributes of a leader, and which ones you possess.
- Prepare to identify yourself as a leader.



APPLICATIONS ARE OPEN!

APPLICATIONS CLOSE JANUARY 7, 2024

ACCEPTED APPLICANTS NOTIFIED
BY JANUARY 12, 2024

ACCEPTED APPLICANTS MUST SUBMIT
PAYMENT BY JANUARY 26, 2024

SCAN OR VISIT:



<https://www.surveymonkey.com/r/C8XWCN5>